

## Outstanding Conservationists – 1998 Dan & Cara Miller

Valley Angus Farm near Spring Valley utilizes grass farming as a means to practice conservation.



**Dan and Cara Miller**, along with children Hannah and Isaac, live and farm on 120 acres in Spring Valley Township.

The Fillmore County Soil and Water Conservation District is honoring the Miller's as their **1998 Outstanding Conservationists**. They are being recognized at the annual meeting of the Minnesota Association of Soil and Water Conservation Districts on December 8<sup>th</sup> at the Radisson South in Bloomington.

Their 120 acre farm has been converted into an intensive rotational grazing and haying system from land that was formerly in the Conservation Reserve Program (CRP). The Millers own a 20 head registered Angus herd and custom graze Holstein dairy heifers.

Dan and Cara are also currently cooperating with the Minnesota Department of Agriculture on a 3-year project to evaluate different grass-legume combinations and methods of establishment such as no-till, conventional seeding and frost seeding.

Dan grew up on a farm and while continuing a conservation ethic on the farm he and Cara purchased in 1993, he also serves as the farm business management instructor in Spring Valley. The Millers continue to bring innovation to their farm to try and make the farming business profitable while protecting our sensitive natural resources in Fillmore County.